

AYDIN ÖRS SPOR SALONU												
KADIN	WEB	YEDEK	PİLATES									
PAZARTESİ & ÇARŞAMBA	20	20	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00
SALI & PERŞEMBE	20	20	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00
KADIN			YOGA									
PAZARTESİ & ÇARŞAMBA	20	20	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	serbest	18:00 19:00	19:00 20:00	20:00 21:00
KADIN			ZUMBA									
SALI & PERŞEMBE	20	20	09:30 10:30	11:00 12:00	12:30 13:30	serbest	serbest	serbest	17:00 18:00	18:30 19:30	20:00 21:00	
CUMARTESİ & PAZAR	20	20	09:30 10:30	11:00 12:00	12:30 13:30	serbest	serbest	serbest	15:30 16:30	17:00 18:00	18:30 19:30	

