

GENÇLİK ve SPOR HİZMETLERİ MÜDÜRLÜĞÜ SPOR MERKEZLERİ ÇALIŞMA GÜN ve SAATLERİ

BEYLİCİUM	WEB	YEDEK										
	12	12	FİTNESS									
PAZARTESİ & ÇARŞAMBA			09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		
SALI & PERŞEMBE			09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		
	15	15	AEROBİK					PİLATES	PİLATES	ZUMBA		
PAZARTESİ & ÇARŞAMBA Salon -3			09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	15:00 16:00	16:00 17:00	17:30 18:15	18:45 19:30	20:00 20:45
	15	15	ZUMBA			PİLATES	PİLATES			AEROBİK		
SALI & PERŞEMBE Salon -3			09:30 10:15	10:45 11:30	12:00 12:45	13:00 14:00	14:00 15:00	serbest	serbest	18:00 19:00	19:00 20:00	20:00 21:00
	15	15	PİLATES									
PAZARTESİ & ÇARŞAMBA Salon -1			09:30 10:30	10:30 11:30	11:30 12:30			15:00 16:00		18:00 19:00	19:00 20:00	20:00 21:00
SALI & PERŞEMBE Salon -1			09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	15:00 16:00	16:00 17:00	17:30 18:30	18:30 19:30	19:30 20:30
	15	15	PİLATES									
PAZARTESİ & ÇARŞAMBA Salon -2			10:00 11:00	11:00 12:00	12:00 13:00	serbest	serbest	serbest	serbest	18:00 19:00	19:00 20:00	20:00 21:00
						YOGA	20 AŞİL	15 YEDEK				
SALI & PERŞEMBE Salon -2			10:00 11:00	11:00 12:00	12:00 13:00	14:00 15:00	15:00 16:00	16:00 17:00	serbest	18:00 19:00	19:00 20:00	20:00 21:00