

AYDIN ÖRS SPOR SALONU														
KADIN	WEB	YEDEK	PİLATES										YEDEK	ASİL
PAZARTESİ & ÇARŞAMBA	15	15	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00	105	105
SALI & PERŞEMBE	15	15	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00	105	105
KADIN			YOGA											
PAZARTESİ & ÇARŞAMBA	15	15	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	serbest	18:00 19:00	19:00 20:00	20:00 21:00	90	90
KADIN			ZUMBA											
SALI & PERŞEMBE	15	15	09:30 10:30	11:00 12:00	12:30 13:30	serbest	serbest	serbest	17:00 18:00	18:30 19:30	20:00 21:00		90	90
CUMARTESİ & PAZAR	15	15	09:30 10:30	11:00 12:00	12:30 13:30	serbest	serbest	serbest	15:30 16:30	17:00 18:00	18:30 19:30		90	90
TOPLAM													480	480